



Breakfast, Luncheon, & Box Lunch

Available Monday thru Friday delivered to your Office, Home, or Event Site.

Goal

To be a trusted, respected provider of gourmet food.

Mission

To sell and produce outstanding edibles and events for our clients and to provide personal and professional growth for our staff.

Golden Rules

To provide contemporary cuisine, professionally and innovatively presented with consistent friendly on time delivery service.

BonAppetito!

Catering orders may be placed Monday through Friday from 8:00AM to 5:00PM

Payment may be made by Cash, Visa, MasterCard, American Express, or company check.

Corporate account inquiries are welcome.

For additional information on catering please call Marilyn or Elizabeth.

We specialize in catering for all occasions:

Breakfast Meetings, Corporate Luncheons, Cocktail & Hors d'oeuvre Receptions,
Informal and Sit Down Dinner Parties, Weddings, Grand Openings, Corporate
Events, Theme Parties, Special Events,
Holiday, Bar B Ques
Complete Party Planning and Coordination

Phone
305.640.1921

catering@gate.net
www.cateringbylovables.com

Fax
305.640.0396

Corporate Breakfast

Breakfast from Catering by Lovables is sure to start your group's day with a smile. For Morning Meetings, we have both continental and hot breakfasts for any occasion. Count on the participants in your next morning meeting to agree on at least one thing:
Everything is better after a Catering by Lovables Breakfast.

Lovables Continental Breakfast \$10.00 / person Minimum 10 Persons
Our bakery fresh pastry breakfast includes bagels, croissants, fruit bread and danish, butter, cream cheese, jelly. We'll also send you yogurt, Tropicana Orange Juice and your choice of seasonal fruit salad or sliced fruit platter.

Good Heart Breakfast \$9.00 / person Minimum 10 Persons
Traditional bagels with light cream cheese, low fat muffins with preserves, yogurt, granola bars, Special K cereal with 2% milk, Tropicana Orange Juice and your choice of seasonal fruit salad or sliced fruit platter.

Havana Express \$12.75 / person Minimum 15 Persons
Traditional Latin Pastries from Le Gran Via Bakery on Calle Ocho delivered to your office. Fresh from the oven Guava, Queso and Carne Pastellitos as well as Croquettas to tempt your guests, Fresh Cuban Bread, Tropicana Orange Juice and your choice of seasonal fruit salad or sliced fruit platter.

AlaCart

these items may be added to any of the above breakfasts

Atkins Meat and Cheese platter	\$3.25 / person	Quiche Lorraine	\$3.99 / person
Premium salmon, tomatoes, onions, capers	\$3.75 / person	Quiche Florentine	\$3.99 / person
Crisp Bacon, Link Sausage	\$2.99 / person	Vegetable Fritata	\$3.99 / person
French Toast with maple syrup	\$2.99 / person	(Baked Italian omelet with eggs, parmesan cheese, seasonal vegetables)	
		Country Potatoes	\$2.25 / person

Breakfast Beverages

Starbucks Coffee Service (cream, sugar, equal, cups, stirrers)	\$2.50 / person	Starbucks Iced Coffees	\$2.25 / bottle
Bottled Waters	\$1.25 / bottle	Red Bull (regular or sugar free)	\$2.75 / can
Assorted Soft Drinks	\$1.25 / can	Individual Assorted Juice	\$1.50 / bottle

Complimentary disposable caterware is included with all breakfast buffets.

13% Service/Gratuity/Delivery Charge (Minimum \$25.00) will be added to each order as well as 7% Florida State Sales Tax.

Business Luncheons

If variety is the spice of life then Catering by Lovables is really spicing it up.
With a selection of sandwiches on bakery breads and salads made fresh daily.
You can be assured our lunches will win over any client.

Lovables Most Popular Working Lunch \$11.00 / person Minimum 10 Persons

Our Sandwich Buffet comes with your choice of two of our freshly prepared salads and a tray of our tempting desserts. Let us mix and match or select from Turkey Breast, Honey Baked Ham, Spring Water Tuna, Perfectly Pink Roast Beef and homemade chunky Chicken Salad. All sandwiches are served on a selection of bakery fresh rolls and topped with lettuce and tomato, mayonnaise and mustard on the side.

The Deli Buffet \$12.75 / person Minimum 15 Persons

An arrangement of the finest meats and cheeses served with assorted fresh bakery breads, lettuce, tomatoes, and condiments. Choose two of our freshly prepared salads and top it off with our delicious tempting desserts.

Signature Box Lunch \$12.75 / person Minimum 10 Persons

We will create a gourmet meal that is self-contained, very portable and sure to impress!
Each box contains a plated meal with a fork, knife, napkin, fresh fruit, cup of salad, chips mini-muffin and a dessert treat.
Assorted Sandwiches Nicely Garnished
Turkey, Roast Beef, Spring Water White Tuna, Homemade Chicken Salad, Ham and Cheese

Petite Basket Lunch \$9.00 / basket Minimum 10 Persons

For the get-together with no fuss, no muss and no clean up. Each basket includes a cup of salad, fresh fruit and a dessert treat.
Assorted Sandwiches Nicely Garnished
Turkey, Roast Beef, Spring Water White Tuna, Homemade Chicken Salad, Ham and Cheese

Asensationalselectionofsalads

The Salad Buffet \$13.25 / person Minimum 15 Persons

Create your own salad buffet by selecting up to 4 of our fresh salads.
Also included are bakery rolls and a sampling of our homemade desserts.

Broccoli Vegetable Salad

The perfect blend of broccoli, carrots, and red onion in a parmesan balsamic vinaigrette. - *A Lovables signature salad*

Apple Waldorf Salad

The perfect combination of tastes and textures makes this our most popular salad with crisp apples, walnuts, dried cranberries and pineapple.

Asian Salad *A favorite during any season*

Spring mix with snow peas, almonds, water chestnuts, mandarin oranges, crunchy chow mein noodles and our unique soy ginger dressing.

Cobb Salad

A classic: Mesclun mix, crumbled bacon, chicken, blue cheese, tomatoes and hard boiled egg wedges with a herb vinaigrette.

Chicken Caesar

Crispy romaine, freshly shredded parmesan and toasted croutons with tender grilled chicken.

House Salad

Our delightful medley of greenleaf, arugula, radicchio, Belgian endive and spinach, with seasonal vegetables.

American Potato: Creamy Idaho potatoes with a zing.

Seafood: Crab meat, salad shrimp, sauteed red pepper and scallions in a honey mayonnaise.

Orzo: Orzo pasta with sliced black and green olives and pimentos in a lemon vinaigrette.

Antipasto: Traditional ingredients of meats, cheese and vegetables.

Caprese: Fresh mozzarella, plum tomatoes, basil leaves with balsamic vinaigrette.

Chunky Chicken: Our famous chicken salad.

Farfalle: Bow tie pasta, chicken, spinach in a Dijon balsamic vinaigrette.

Fresh Fruit: Fresh cut sweet and juicy seasonal fruit salad.

Grilled Vegetables: Medley of fresh seasonal vegetables.

Pasta Primavera: Rotini pasta, Asiago, tomatoes and black olive.

Penne con Pollo: Penne pasta and chicken in a lemon mayo dressing.

Pesto Tortellini: Tri-color cheese tortellini with herb pesto sauce.

Spring Water Tuna: Tuna in our traditional lemon mayo dressing.

Oriental: Oriental noodles with broccoli in a ginger soy with toasted sesame seed.

Marilyn's Country Cole Slaw: Melt in your mouth creamy slaw.

Pasta Entrees Chef's Specials

When it comes to hot food, your choices are limited only by your imagination.

Chef's Marilyn and Elizabeth and their staff have an extensive range of knowledge and skill to add any culinary flair you are looking for.

For larger groups we welcome the opportunity of custom menu planning to suit the needs of your guests.

Some items may require 24-48 hour notice. Regarding last minute orders, please call for a selection of hot food options.

All hot pastas and entrees are served with bread and butter and Catering by Lovables signature dessert platter.

Hot Pastas

Include your choice of Antipasto, Caesar or Tossed Salad
(\$11.25 / person / Minimum 10 Persons)

- Spaghetti-Your choice of our not-to-be believed homemade meat sauce or meatballs with marinara sauce.
- Farfalle alla Campagna- Bow tie pasta with fresh mozzarella, fresh tomatoes and basil drizzled with extra virgin olive oil.
- Rigatoni e Salsiccia- With Italian sausage and bell peppers in a rich and zesty marinara sauce.
- Pasta al Forno- Baked penne with spinach and ricotta cheese and our classic marinara sauce.
- Tortelloni- with roasted eggplant, zucchini and sun dried tomato pesto sauce.
- Penne Rustica- Sautéed garden fresh vegetables in a light garlic olive oil and a dusting of bread crumbs.
- Penne alla Genovese- Vine ripe tomatoes, pesto and pine nuts-simple and superb.
- Lasagne- Lovables Signature Meat or Vegetable.
- Baked Ziti- With three cheeses, this will melt in your mouth.
- Grilled Chicken Penne- Tomatoes, fresh garlic, and basil in extra virgin olive oil.

Fish Entree

\$12.75/person Minimum 10 Persons

Served with our savory wild rice, and your choice of Caesar or house salad.

Atlantic Salmon-Seasoned then grilled to perfection and served with sauce du jour.

Baked Florida Snapper-Oven baked and dusted with toasted almonds.

Farm Raised Tilapia- Sautéed and served with our cilantro white wine cream sauce. - *Heavenly*

Hot Entrees

Include your choice of Rice or Potato and Salad
(Minimum 10 Persons)

- Lemon Chicken \$12.25/person
Chicken breast in a luscious lemon pepper cream sauce.
- Chicken Parmigiano \$12.25/person
Breaded chicken breast with melted mozzarella covered in a rich tomato basil sauce, sprinkled with parmesan.
- Chicken Roma \$12.25/person
Chicken breast stuffed with a delicious blend of herb tomatoes, red peppers, and feta.
- Chicken Marsala \$12.25/person
Breast of chicken, with mushrooms and Marsala wine.
- Chicken Cacciatore \$12.25/person
Tender chicken breast smothered in tomatoes, bell peppers and mushrooms with our signature seasonings.
- Chicken Teriyaki \$12.25/person
Boneless breast of chicken in ginger teriyaki sauce.
- Chicken Piccata \$12.25/person
Lightly floured chicken breast sautéed with lemon and olive oil.
- Tenderloin of Beef \$18.95/person
Tender pepper-crusted filet, roasted and served with sautéed mushrooms.
- London Broil \$12.25/person
Grilled marinated London broil with red wine mushroom demi glaze.
- Italian Sausage and Peppers \$12.25/person
Our special herbs and spices make this dish a delight, served with bell peppers and crusty Italian bread.
- Mojo Pork Loin \$12.25/person
Roasted to perfection.

Ala Cart

Additional Salads	\$2.00/person	Red Bull	\$2.75/can
<i>Add an extra salad to any order</i>		Coffee	\$2.50/person
Fruit & Cheese Platter	\$2.50/person	Mini French Pastries	\$2.50/person
Fruit Platter	\$2.00/person	Birthday Cake	Market Value
Chips	\$1.00/person	Disposable Tablecloths	\$3.75 each
Assorted Soft Drinks	\$1.25/can	Upgrade disposable Caterware	\$1.75/person
Bottled Water	\$1.25/bottle		